TCK Live - Beyond the RAFT

November 4, 2020 Sheryl O'Byran, Michael Pollock, Bret Taylor Reference Handout

RAFT- Developed by David Pollock in the 1980s

- Explained in "The Third Culture Kid Experience" by
- Reconciliation; Affirmation; Farwell; Think Destination

Other Variations of RAFT

SHIP - Dani Beth Barselou

• S = Saying Sorry and I forgive you; H = Heartfelt Thanks; I = It's Time to say Goodbye; P = Plan for a New Place

REAL - Margaret Stockwell (<u>www.anchoreducation.org/</u>)

- Animated cartoon with song available for purchase. Great for kids.
- R = Repair; E = Explain; A = Adieu; L = Look Ahead

PEACE - Michele Phoenix - Blog (link)

• P - Plan/Perseverance; E - Eliminate Conflict; A - Acknowledge people/places/customs; C - Create Space for Emotions; E - End Consciously

PATIN - Guille Eddie (For Spanish Speakers)

- P =peace with the past, A= affirm sentiments, say goodbye to people Ti= Times of goodbye to places, pets, possessions N= new horizons
- Book: Hijos de Tierra Sin Nombre link

CRAFT - Marilyn Gardner - (RAFT in Crisis)

CRAFT -https://www.alifeoverseas.com/uprooted-with-no-raft/

CAR - Tarrah Tiegland (with MTI- Missionary Training International)

• C = Completing Closure; A = Affirming Relations; R = Resolving Conflicts

BOAT - Tammy Sharp

B = Bye; O = Oops; A = Apology; T = Think Ahead

John Barclay's "Anti-RAFT" (What will happen if you don't RAFT)

Resentment; Anger; Fear; Trauma

Quotes:

- Wess Stafford (quoting Neil Anderson) Among Worlds: Sept 2012
 - Read article for free here: https://interactionintl.org/magazine/archives-sept-2012-abuse/
 - "Forgiveness doesn't mean forgetting, or saying what happened to you was okay.
 Forgiveness doesn't release someone from the consequences of their actions. Forgiveness doesn't always mean reconciliation. But it does mean giving up the right to demand revenge."
- Lewis Smedes
 - o "To forgive is to set a prisoner free and to discover that the prisoner was you."

Resources Mentioned

- The 5 Languages of Apology Gary Chapman/Jennifer Thomas
- THe 5 Love Languages Gary Chapman

