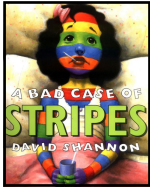
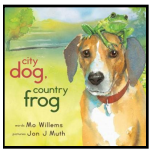
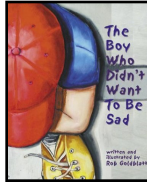


Books for Debriefing Children



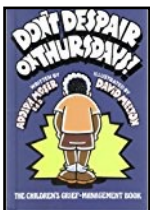
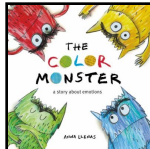
A Bad Case of Stripes. David Shannon. This very funny tale speaks to the challenge many kids face in choosing to act independently. (4-8)

The Boy Who Didn't Want to Be Sad. Rob Goldblatt. Will eliminating sources of sadness make him happy? (4-8)



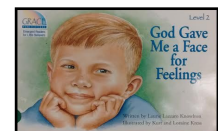
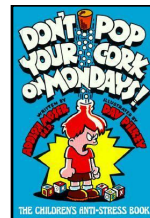
City Dog, Country Frog. Mo Willems. This tale depicts the natural cycle of friendship from an enthusiastic first encounter to contented companionship to the heartbreak of loss and eventual emotional renewal. (3-6)

The Color Monster: A Story About Emotions. Anna Llenas. As a young girl helps Color Monster learn to sort and define his mixed up emotions, he gains self-awareness and peace as a result. (4-8)



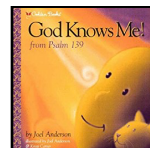
Don't Despair on Thursdays: The Children's Grief-Management Book. Adolph Moser Ed.D. This book examines, in simple text, how to deal with feelings of grief when people or pets die, or when friends move away. (5 and up)

Don't Pop Your Cork on Mondays! Adolph Moser, Ed. D. Entertaining book that explores the causes and effects of stress and offers practical approaches and techniques for dealing with stress in daily life. (5 and up)

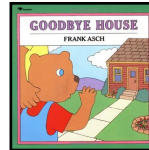


God Gave Me a Face for Feelings. Lassaro Knowlton. Identifying feelings begins by seeing them in faces. (1-4)

God Knows Me! from Psalm 139. Joel Anderson. A retelling of the 139th Psalm that shows how God loves us, protects us, and sees inside our hearts. (3-7)

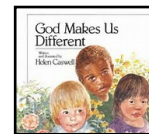
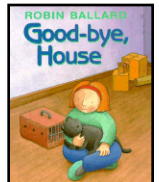


Goodbye, Friend! Hello, Friend! Cori Doerrfeld. Change and transitions are hard, but this book demonstrates how, when one experience ends, it opens the door for another to begin. (4-8)



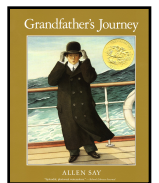
Goodbye House. Frank Asch. Bear is sad to bid farewell to his empty house, but he finds many happy memories to be treasured for the future in each vacant room. (3-5)

Good-bye, House. Robin Ballard. On the day her family moves, a little girl walks from room to room, saying good-bye to the "only home I have ever known." (3-7)



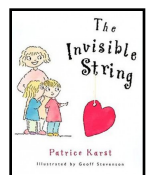
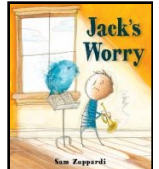
God Makes Us Different. Helen Caswell. People share many similarities but every one of us is unique. Young readers learn that all of us are beautiful and special in God's eyes. (0-4)

Grandfather's Journey. Allen Say. A Japanese-American man recounts his grandfather's journey to America, which he later undertakes himself, and the feelings of being torn by a love for two different countries. (4 and up)



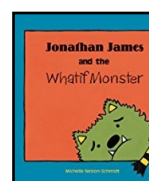
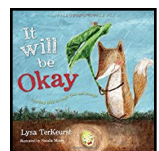
My Heart. Corinna Luyken. Lyrical text and beautiful artwork about caring for your own heart and living with kindness and empathy. (4-12)

Jack's Worry. Sam Zuppardi. For anyone who's ever been afraid of failing at something new, this book offers just what's needed to shrink a Worry down to size. (4-8)



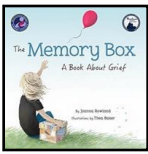
The Invisible String. Patrice Karst. A heartwarming story that reassures children that even though they can't always be with a loved one, they're always in each others' hearts. (4-8)

It Will Be Okay: Trusting God Through Fear and Change. Lysa Terkeurst. Little Seed and Little Fox are facing changes and fears. Through this unlikely friendship, children will discover that no matter how new or fearful their circumstances, God is always with them. (4-8)



Jonathan James and the Whatif Monster Michelle Nelson-Schmidt. Jonathan James learns to conquer his fears as the voice of the Whatif Monster fills his head with worry and doubt when he tries something new. (4 and up)

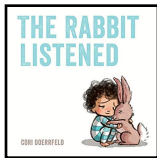
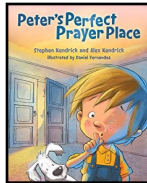
BOOKS for DEBRIEFING CHILDREN (CONT.)



The Memory Box: A Book About Grief. Joanna Rowland. Grieving over the death of a special person, a young child creates a memory box to keep mementos and written memories of the loved one. Includes Parents' guide from Christian perspective.

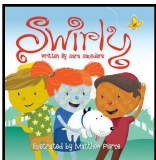
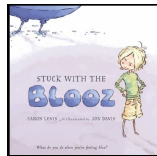
(4-8)

Peter's Perfect Prayer Place. Stephen Kendrick and Alex Kendrick. Can you help Peter find the perfect place to pray? (4-8)



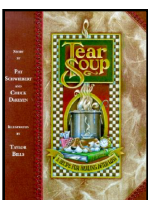
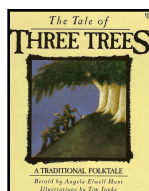
The Rabbit Listened. Cori Doerrfeld. In addition to validating feelings of anger and disappointment, this book is a fine vehicle for a discussion of ways to help others deal with these emotions. Sometimes just listening is best of all. (4 and Up)

Stuck with the Blooz. Caron Levis. What to do when you're feeling blue? This book is used as a springboard for discussing sadness and how to work through it. (4-7)



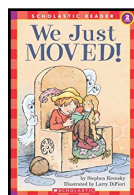
Swirly. Sara Saunders. Lila, born in the Blue Country and having lived in the Yellow Country, then the Red, has swirls of all of those colors in her but wonders if she belongs in any one place until a swirly boy's mother tells of Jesus, who was also swirly and has prepared a home for them all. (4 and up)

The Tale of Three Trees. Angela Elwell Hunt. Tells the Easter story from a new and unusual point of view, exploring how God often fulfills our dreams in unexpected ways. (6-12)



Tear Soup: A Recipe for Healing After Loss. Pat Schwiebert, and Church DeKlyen. Kid friendly resource for anyone suffering a loss, to develop understanding of different ways people grieve. (8 and up)

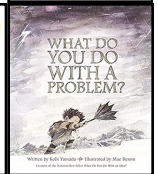
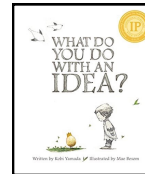
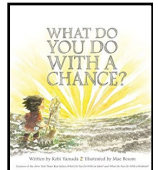
We Just Moved! Stephen Krensky. The author uses amusing counterpoint between words and illustrations as a boy tells about moving to his new home/castle, showing stages of transition and normalizing feelings. (4-6)



What am I feeling? Dr. Josh Straub, and Christi Straub. This book offers a biblically grounded way for children to verbalize their feelings, develop empathy and self-control, and understand their wonderful God-given emotions. (4-8)

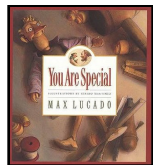
What Do You Do with a Chance?
What Do You Do with an Idea?
What Do You Do with a Problem?

Kobi Yamada. Captivating stories about a child who isn't sure what to make of a chance encounter, an Idea, and a Problem, and then discovers that when you have courage, take chances, and say yes to new experiences, amazing things can happen. (5 and up)

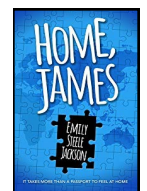


When Africa Was Home. Karen Lynn Williams. Peter, an American boy who lives with his parents in an African village goes through transition and identifying home. (4-7)

You Are Special. Max Lucado. The story of Punchinello, the wooden Wemmick, who believes that he isn't good enough because of what others say about him. Discovers God loves us even though we make mistakes and have flaws! (4-7)

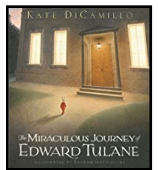


CHAPTER BOOKS



Home, James. Emily Steele Jackson. James is an 8th grader, who has spent most of his life in China, but is now transitioning back to the US. Along with navigating the dangerous waters of middle school, James is also learning a new culture. (7-12)

The Miraculous Journey of Edward Tulane. Kate DiCamillo. Along the journey, we are shown a miracle – that even a heart of the most breakable kind can learn to love, to lose, and to love again. (7-12)



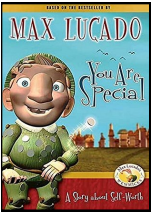
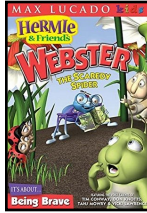
Peanut Butter Friends in a Chop Suey World. Deb Brammer. Amy moves with her family to Taiwan and learns that being a missionary is different than she expected. Amy navigates cultural adjustments, friendship decisions, and spiritual choices. (7-12)

DVDs



Inside Out by PIXAR. PG, 95 min. Riley, age 11, is moving to a new home. This movie is based in Headquarters, the control center of Riley's mind, where five emotions are hard at work as she goes through the transition process. Joy strives to make sure Riley stays happy as she operates alongside fellow emotions Fear, Anger, Disgust and Sadness.

Webster the Scaredy Spider: Hermie and Friends by Max Lucado. Thomas Nelson Studios. Not Rated, 30 min. Bugs tell the story of facing fear, trusting God, and friendships. (3-6)



You Are Special by Max Lucado. Thomas Nelson Studios. G, 30 min. The story of Punchinello, the wooden Wemmick, who believes that he isn't good enough because of what others say about him. Discovers God loves us even though we make mistakes and have flaws! (4-7)

Visual Aids

The Bears. Card set by Russel Deal. Innovative Resources. Meet 48 bears, bursting with personality —the absolute classic for talking about feelings with anyone, any age, in any language.

